

Career Education & Development Scale – Tertiary ©

This Scale is aimed to better understand the career-related thinking of students in order the University to provide you with better career programs in the future. Participation in this Scale is voluntary and your responses will be treated confidentially. Please complete the following:

Name: _____ **Type of Study:** U/G___ P/G___ Research___ Prep___

Year Level: Beginning/middle of my study program ___ Towards the end of mt study program___

Gender: Male:___Female:___Other___

Please rate the extent to which you agree or disagree with the following statements by circling the appropriate number. eg If you agree or strongly agree with the statement you would circle 4 or 5 depending on how strongly you agree with it. If you disagree or strongly disagree with the statement you would circle 2 or 1 depending on how much you disagree with it.

| | Strongly Disagree | | | | Strongly Agree |
|---|----------------------|---|---|---|-------------------|
| SELF | | | | | |
| 1. I have a good understanding of my personal strengths and attributes and how they might relate to future careers or further study options. | 1 | 2 | 3 | 4 | 5 |
| 2. I understand that I need to develop my graduate attributes in order to make me more attractive to future employers. | 1 | 2 | 3 | 4 | 5 |
| 3. I can communicate strong evidence of my interests, skills and attributes to future employers | 1 | 2 | 3 | 4 | 5 |
| INFLUENCES | | | | | |
| 4. I understand the importance of making course/career decisions which are mine and not influenced by my friends and/or social media. | 1 | 2 | 3 | 4 | 5 |
| 5. I understand that access to career opportunities could depend on a range of circumstances like government policies or specific locations or growth industries | 1 | 2 | 3 | 4 | 5 |
| 6. I am able to manage the expectations of significant others on my career/course choices and direction | 1 | 2 | 3 | 4 | 5 |
| OPPORTUNITIES | | | | | |
| 7. I have a good understanding of the world or work and future careers options within it. | 1 | 2 | 3 | 4 | 5 |
| 8. I have a good understanding of the range of units/subjects/courses/programs which are available for me to choose and where they might lead in terms of careers. | 1 | 2 | 3 | 4 | 5 |
| 9. I have a good understanding of many different career pathways open to me. | 1 | 2 | 3 | 4 | 5 |
| SETTING GOALS | | | | | |
| 10. I have set myself clear and achievable career/course goals. | 1 | 2 | 3 | 4 | 5 |
| 11. I have developed a career plan for myself. | 1 | 2 | 3 | 4 | 5 |
| 12. My course/career plans contain short, medium and long-term goals. | 1 | 2 | 3 | 4 | 5 |
| MAKING DECISIONS | | | | | |
| 13. I am good at making sound career/course choices and decisions. | 1 | 2 | 3 | 4 | 5 |
| 14. I am able to seek detailed course and career information to assist me make good decisions | 1 | 2 | 3 | 4 | 5 |
| 15. I usually consider my career/course options carefully before making decisions. | 1 | 2 | 3 | 4 | 5 |
| TAKING ACTIONS | | | | | |
| 16. I am able to construct a competitive resume and cover letter. | 1 | 2 | 3 | 4 | 5 |
| 17. I can competently complete job/course/career-related applications. | 1 | 2 | 3 | 4 | 5 |
| 18. I am confident I will perform well at job/career related interviews | 1 | 2 | 3 | 4 | 5 |
| 19. I am able to locate appropriate information on entry prerequisites for jobs and/or courses or further study. | 1 | 2 | 3 | 4 | 5 |
| 20. I am strong at professional networking | 1 | 2 | 3 | 4 | 5 |

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Strongly Disagree Strongly Agree

REFLECTING/REVIEWING

- | | | | | | |
|--|---|---|---|---|---|
| 21. I review my course/career plans often. | 1 | 2 | 3 | 4 | 5 |
| 22. I regularly check course/career information to see if there are any changes relevant to my course/career planning. | 1 | 2 | 3 | 4 | 5 |
| 23. I have developed appropriate back-up plans if my first choice(s) don't eventuate. | 1 | 2 | 3 | 4 | 5 |

CONFIDENCE

- | | | | | | |
|---|---|---|---|---|---|
| 24. I feel confident that I have a good idea of what career/course direction(s) or pathways I want to take. | 1 | 2 | 3 | 4 | 5 |
| 25. I am confident I will get appropriate employment/further study opportunities upon graduation. | 1 | 2 | 3 | 4 | 5 |
| 26. I am confident I will have a successful future | 1 | 2 | 3 | 4 | 5 |

SELF EFFICACY

- | | | | | | |
|--|---|---|---|---|---|
| 27. I believe I can succeed at almost any endeavor to which I set my mind. | 1 | 2 | 3 | 4 | 5 |
| 28. I will be able to successfully overcome many challenges. | 1 | 2 | 3 | 4 | 5 |
| 29. I am confident that I can perform effectively on many different tasks. | 1 | 2 | 3 | 4 | 5 |

Thank you

CONFIDENTIAL