

Book Review by Carolyn Alchin

Career Development Association of Australia (CDAA)

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What a great demonstration of a developmental and proactive approach to career education for those entering or upskilling in the Career Education and Development field: they bring the literacy of career to life. Col and his colleagues have focused on how to facilitate student growth in a practical way, fully informed by theory. The book suggests ways to support students through critical decision-making points and provide strategies to develop self-reliance and career development skills.

The book can support educators to better understand their students' career thinking and scaffold their career decision making. It also illuminates the importance not only of the student but also of their surrounding support network.